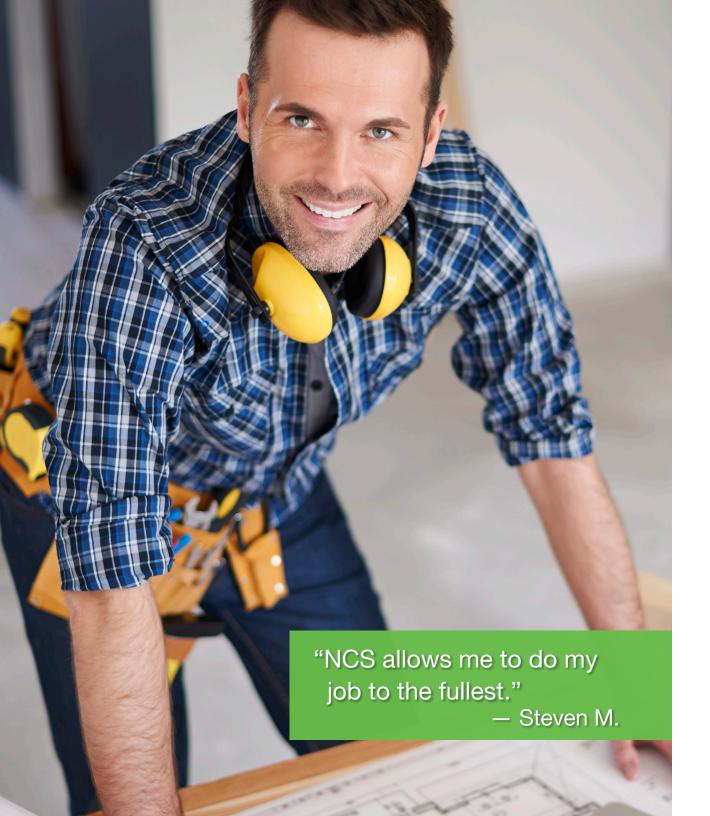
# YOUR WELLNESS PARTNER





Certified Fascial Distortion Model (FDM) Providers



# AT NEUROMUSCULAR CORPORATE SOLUTIONS, WE HAVE MUSCULOSKELTAL COVERED

Neuromuscular Corporate Solutions (NCS) provides employers with a comprehensive musculoskeletal wellness program that delivers quick and effective on-site care for employees. NCS delivers experienced and well-trained chiropractic doctors who can identify the source of pain, resolve the injury or condition, and create a prevention plan to ensure lasting results.

In addition to eliminating pain, NCS helps to lower healthcare costs, reduce lost time, boost employee morale, and prevent future injuries. We provide a complete system that addresses the individual needs and well-being of the employee, while also satisfying the broader, bottom-line demands of the organization.

From implementation to oversight to program assessment, NCS is driven to exceeding our clients' highest expectations every step of the way.

We Find It and Fix It FAST!

Effective, High-Quality Care
Delivered On-Site and Accessible To
Employees Who Need It, When They Need It.



## WHAT IS FDM?

NCS uses a specialized soft-tissue technique called Fascial Distortion Model (FDM) to safely and effectively address injuries. FDM was developed by Dr. Stephen Typaldos, who spent much of his career dissecting injuries at a micro level. In his treatment model, he determined that virtually all soft tissue injuries, or musculoskeletal complaints, are viewed through one or more of the six different types of alterations to the body's connective tissues (fascia). Through hands—on application of FDM, NCS providers are able to manipulate the fascia to eliminate pain and discomfort.

Because FDM is considered a form of massage, that treatment would fall under 'first aid treatment', as defined within OSHA standards and regulations.

#### WHY FDM OVER OTHER TECHNIQUES?

With other therapies, a strain would likely be classified as meeting the criteria for one of three potential grades, all of which are treated the same with every patient. With FDM, our providers use a more specific and targeted approach to further break down the classifications to a far greater level of detail, which is necessary to create better outcomes. Under FDM, an injury is typically the result of one or a combination of six different alterations to the body's connective tissues. For example, what was originally believed to be a rotator cuff strain may in fact be one of up to 63 other specific possible types of injury/strain. This happens through our FDM trained providers who are trained to pinpoint not only the specific strain but also the individualized treatment approach that is the most effective for that specific strain. As a result, for years, our providers consistently resolve over 90% of cases in less than four visits.

## WHAT HAPPENS DURING A SESSION?

Prior to the session, an employee completes a brief medical history questionnaire, using NCS's online program management system. At the start of the session, the doctor has a consultation to learn details about the injury, including onset and cause. The employee's verbal and physical descriptions, coupled with the mechanism of injury and relevant orthopedic tests, leads the practitioner to the appropriate form of soft tissue manipulation. After FDM application, the employee is asked to perform movement that previously irritated the condition. Most employees experience significant and immediate improvement, with a greater range of motion.

#### WHAT DOES FDM FEEL LIKE?

A specific technique, similar to massage, is used for each of the distortions using only the provider's hands. Depending on location and type of condition, the FDM technique applied may briefly cause minor discomfort. Much like physical therapy, FDM treatment may be uncomfortable while being performed but ultimately yields improvement. NCS chiropractic doctors understand that each person has a different tolerance for discomfort and is sensitive to the needs of the employee, maintaining open communication.

# "It's your life... LIVE IT IN HEALTH!"

Dr. Daryl Laney, DC

# DARYL LANEY, DC CEO

Dr. Laney's extensive knowledge, combined with his experience as a professional athlete, provides his clients with a comprehensive and integrative approach to evaluating, treating, and rehabilitating injuries.

His mission is to provide the highestquality, individualized techniques that yield the fastest results. Period.



# DELIVERING QUALITY AND VALUE, WHILE EXCEEDING EXPECTATIONS

NCS has a proven track record successfully working with large corporate clients for years. Our data supports the fact that our clients realize:

- 4:1 return on investment with our program
- 99% client and employee satisfaction rating

#### **HOW DOES IT WORK?**

We know that companies want to keep their employees happy, healthy, and more productive. Our program is effective and delivers lasting results that are quantifiable.

#### PROGRAM FAST FACTS:

- Appointments are 15 minutes long and delivered on-site
- Employees schedule and manage their own appointments
- Extensive data capture, reporting, and analysis
- Program transparency with 24/7 access to reports

## RESPONSIVE PARTNERSHIP APPROACH

#### **COMMUNICATION IS KEY**

NCS is strongly committed to providing both our clients and their employees with the highest level of service and care. We seek to understand our client's individual needs, as well as the needs of the employee population, and tailor the program to help achieve their wellness objectives.

#### **CLIENT EXPERIENCE**

We understand that there are several clients we must satisfy within a single company. Whether we are implementing the program with HR leadership, providing FDM care for an employee, or providing assistance with our web-based application company-wide, NCS is committed to providing a complete and user-friendly experience.

## ACCURATE, TRANSPARENT, ACTIONABLE REPORTING

#### You can't manage what you don't measure.

We provide our clients with the tools to track, monitor, and assess the program. Our reports help our clients gain insight into:

- Evaluating cost-savings through PMI
- Utilization
- · Effectiveness of the program
- · Session measurement
- · Trends of injury within the company

We give employers the information they need to make the decisions that will improve and transform healthcare within their organization.



## THE BOTTOM-LINE BENEFIT TO EMPLOYEERS

Neuromuscular Corporate Solutions offers a turnkey program that is simple to implement and has a measurable impact on both the well-being of employees and employers.

We recognize companies are faced with rising healthcare costs, attracting and retaining employees, and productivity concerns. With our 15-minute-long sessions that employees self-schedule, our program is designed to be efficient and easy to use.

# WHAT CONDITIONS DO WE ADDRESS?

Providers are able to find and fix most injuries, including:

- Achilles Tendinitis
- Lower Back Pain
- Ankle Sprains
- Neck Pain
- · Carpel Tunnel Syndrome
- Patellar Tendinitis
- Frozen Shoulder
- Plantar Fasciitis
- Golfer's Elbow
- Rotator Cuff Strains
- Hamstring Strain/Pull
- Shin Splints
- Hip Flexor/Psoas Tendinitis
- Tennis Elbows
- Hip Pain
- Tension Headaches
- Migraines
- Knee Sprains
- TMJ
- Whiplash

### Happier, Healthier, More Productive, and Pain Free!





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